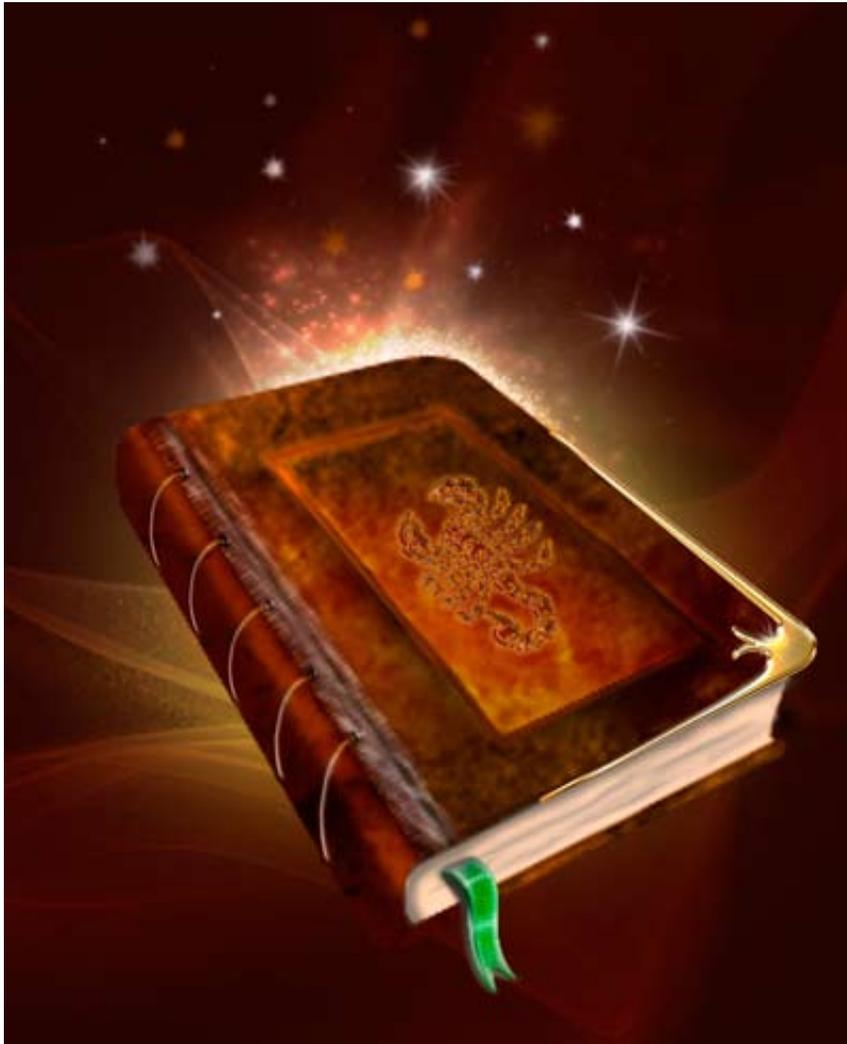


# *Reading The Akashic Records*



**Accessing  
The Essential  
Wisdom of  
The Soul**

by Andrea Hess  
[www.SoulRealignment.com](http://www.SoulRealignment.com)

# *Reading The Akashic Records*

## *What Are the Akashic Records?*

Think of the Akashic Records as a giant library, or database. The Akashic Records are a vast energetic repository of information – everything that has ever happened in the past and every possible future that currently exists is contained within the Akashic Records.

It's tempting to think of the Akashic Records as a specific place. This is not the case. Every Being has their own Akashic Record, and all these Records are interwoven and entwined into a giant, fifth-dimensional

information super-highway. The fifth dimension is all about information. Indeed, as we are shifting into fifth-dimensional consciousness on our planet, it is no accident that we find ourselves in the “information age” and have created a third-dimensional version of the Akashic Records – the Internet.

The Internet is actually a great analogy for the Akashic Records – the Records can be accessed from anywhere, and all information is available on demand as long as you know the correct URL! Some aspects of the Records are definitely “password protected” or are “secure sites” that not

everyone can read. However, a huge amount of information is freely available ... if we know how to access it!

This is actually the main issue with accessing the Akashic Records. So much information is available that, without a clear understanding of what we are looking for and how to interpret the information, this vast database is practically useless.

Imagine being given a computer with Internet access, without access to a Search Engine such as Google or Yahoo, or even the name of a single website. How would

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you ever find what you are looking for? You wouldn't be able to navigate the Internet at all, in spite of having the resource available to you!

This is how most people who access the Records find themselves – without any clear understanding of how to unlock the tremendous information contained therein. It's hard to know what to look for, after all, if you don't know what is available!

In order to access the Records in a useful, practical way, we must have a clear grasp not only of what we are looking for, but also how to access the

information AND interpret it clearly.

## *Can We Access Our Own Akashic Record?*

We are absolutely permitted to access our own Akashic Record at any time – in fact, we frequently do so unconsciously. Our Akashic Record is a resource to which our own Higher Self has absolute access. The intuitive information we receive is filtered through our Soul's past experiences and lessons, all of which is stored in our Record. Think of our own Akashic Record as our Soul's memory bank!

Our Akashic Records also contain information about all our possible futures, a vast and changing field of information that is constantly shifting and changing based on our choices in the present moment.

From our Akashic Record, we can also access memories contained within the collective consciousness that we are currently participating in, as well as the possible futures of that collective consciousness. In other words, society's past and future is also accessible from our Akashic Record. After all, we are intimately connected with all other Beings through this information

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super-highway that makes up the Akashic Records!

## *What Information is Available to us in the Akashic Records?*

Just because information exists in the Records doesn't mean it's all available to us at a conscious level! First of all, there is simply too much for our little minds to process – if we were to access everything all at once, we would be in a state of utter information overload! Just from living in the “information age,” we all know what that feels like ... now imagine it going on in your head all the time!

Obviously, then, the flow of information from the Records needs to be filtered and managed. Our own Higher Self is in charge of the details of this process – it manages our Record for us. In the end, however, the information we receive is governed by our intent.

We create our human, physical experience through choice and free will. Our intention leads the way in this process! While we are incarnated, our Higher Self can guide us, nudge us, and inform us – but our choices are made at the conscious level, and our Higher Self cannot interfere

with our choices. Our Higher Self follows our intention and supports us in creating the lifetime we want.

The problem is, of course, that most people who enter the Akashic Records have no idea what they are looking for! It's tough to create a clear intention about gathering information when you have no idea what's available. This is why accessing the Akashic Records accurately is tricky unless you have proper training and a comprehensive way of processing the information into a format that the conscious mind can work with.

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## *The Ultimate Importance of Intention*

Many attempt to access the Records and feel they are researching historical events, galactic issues and all kinds of other things. They will gather information about the 2012 phenomenon, the future, and the Soul history of celebrities. At best, this kind of information is impossible to validate.

The Akashic Records mirror our intention back to us at all times. Remember, intention is what determines the information flow. And what is the intent behind

accessing a celebrities' Soul history? Or discovering what really happened to JFK? Unfortunately, the motivation behind this kind of Akashic Record "research" is ego-based curiosity. This is not information designed to move us forward on our highest path and purpose. It does not directly influence our ability to make decisions today.

This sort of inquiry into the Records, if we are honest with ourselves, is motivated by a thirst for information just for the sake of information. It's not information that can serve us in any productive way, making the decisions that

create our lives.

It's important, when we access the Records, to understand that what we discover is a mirror of our intent. If we access the Records out of curiosity, we will receive information that makes us even more curious, creating a never-ending quest for "answers" that have little to do with our Soul's journey of spiritual development.

## *Can We Access Other People's Akashic Records?*

Unless we are given express permission, we are also not empowered to access the

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Akashic Record of another Soul. Of course, if in our intention we are bound and determined to access someone else's Record, we will think we are receiving information about that person. However, this information is likely to be inaccurate.

In Soul Realignment™ we work within strict ethical guidelines of whose Records we are permitted to read. The intention is always to access the Records in alignment with the highest good of the individual we are reading for, as well as the highest good of all.

## *How Can We Use the Akashic Records?*

The Akashic Records, when used correctly, can be an incredible resource. We are here as the powerful Creators of our human experience. This is why our Soul incarnated – to experience itself as Creator, to practice self-determination in the physical world. We create at all times through choice and free will. We choose our actions, thoughts, feelings, words ... this is how we create our lifetime.

The information contained within the Akashic Records can assist us profoundly in creating

the experience we want. In the end, information is useless unless it is applied to the choices that present themselves to us.

The Akashic Records may contain information – but their true purpose is to be a source of *wisdom*. Wisdom is exactly the right information, received through our clear and conscious intent, *applied* in alignment with our highest path, to express our Divinity into this human experience.

The Akashic Records can tell us about our Soul's origins, Divine gifts, and history, thus allowing us to step into

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our most sacred, powerful Divine aspects. We uncover choices we have made in past lifetimes that are responsible for negative consequences that remain with us to this present day. In this way, we can understand our present-life experiences through a Soul-level perspective.

When we look at ourselves from this Soul-level perspective, then so much of who we are in this lifetime becomes clear. We understand our purpose, our lessons, and our struggles in a way that also allows us to own our Divine nature.

## *Healing Through The Wisdom Of The Akashic Records*

In Soul Realignment™ we take our work beyond simply reading the Akashic Records. Perhaps even more powerful than gaining understanding and insight is to also engage in energetic healing and clearing of energetic blocks and restrictions that are affecting us because of past or present-life negative choices.

As Soul Realignment™ Practitioners, we investigate, from a Soul-level perspective, WHY our present-life experiences are presenting

themselves as they are. Once we have conscious understanding of the circumstances leading to negative influences, we can clear these energetically and significantly change our life circumstances, or do the same for our clients.

I hope this report has given you a new perspective on the wisdom of the Akashic Records. If you'd like to know more about accessing the Records through Soul Realignment, you can download the first audio lesson of the course here:

<http://www.soulrealignment.com>

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com/lesson-one-audio-lecture/

Most students that discover Soul Realignment™ find that they recognize this work at a very deep, intuitive level. Time and time again, students tell me in their first coaching session that they feel they have done this work before and are now consciously remembering it for the first time in this lifetime.

You will know, from reading this report and listening to the first audio lesson, if this modality is part of your highest path and purpose. If you have any questions at all, feel free to contact us:



info@

soulrealignment.com.

Many, many blessings to you  
on your highest path,

Andrea Hess

Soul Realignment™ Founder