

# Creating Money

## ATTRACTING ABUNDANCE



**Orin Meditations  
by Sanaya Roman  
Music by Thaddeus**

Written Material to Accompany  
Orin's Audio Course  
Includes Transcripts

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## Website Links

To view these important pages on our website, you will need to be connected to the Internet when you click on the links below.

[Links to Articles and Free Things to Do](#)

[Orin's Path of Self Realization](#)

[Complete Listing of All Orin and DaBen Products](#)

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# *Creating Money*

## *Attracting Abundance*

Orin Meditations by Sanaya Roman

Music by Thaddeus

*These are powerful meditations to assist you in creating prosperity.  
Listen and tap into the unlimited abundance  
of your soul and the universe.*

Below is a listing of all guided meditations, talks, and times. Thaddeus music is listed after each journey and can be ordered by going to [Thaddeus' Music Listening Room](#) on our website.

To listen to the audio journeys, you will need to purchase them from *LuminEssence* at [www.orindaben.com](http://www.orindaben.com) and download them using your Member ID and password.

**Program 1 Magnetizing Yourself** 25:46 *Music: Spinning Wheel of Light TH030E*

Turn on your money "magnet" to attract money and abundance. Align your thoughts and actions with the spiritual laws of abundance and reprogram at a cellular level. Our beliefs create your reality. This is a powerful and life-changing process to identify and release beliefs about money that are not working, then create new beliefs.

**Program 2 Awakening Your Prosperity Self** 23:25 *Music: Lord of Love TH065E*

Subpersonality journey. Talk to and evolve the part of you that creates your prosperity. Work with this part so you can more easily create money and abundance.

**Program 3 Abundance** 27:20 *Music: Rising Into Light TH008E*

This is a journey of learning to receive, believing you deserve, and opening to unlimited joy, love, and prosperity. Increase your faith and trust in yourself and the universe.

**Program 4 Success!!** 26:07 *Music: Solar Light Transmissions TH026E*

Release your fear of success or failure. Imagine success in every area of your life, go beyond any previous limits, and become more focused, confident, and fulfilled, and feel successful.

**Program 5 Clearing Beliefs, Old Programs** 23:20 *Music: Cellular Evolution TH015E*

Your beliefs create your reality. This is a powerful and life-changing process to identify and release beliefs about money that are not working, then create new beliefs.

**Program 6 Aura Clearing, Energy, Lightwork** 25:14 *Music: Healing Treatment TH016E*

Work on the energy fields around your body to increase your ability to hold and to attract abundance, sums of money, and people that serve this new level.

**Program 7 Linking With Your Soul and Guides** 26:30 *Music: The Master of Light TH029E*

Work with a guide and your soul to create money and to fulfill your higher purpose.

**Program 8 Releasing Doubts and Fears** 25:14 *Music: Guardian Angels TH018E*

Let go of any fears that may be holding you back from having abundance. Believe in yourself and your unlimited capacity to create prosperity.

**Related Audio Courses:** [Advanced Manifesting and Magnetizing](#), and [Orin's Divine Manifesting Course](#)

**Companion Book:** [Creating Money: Attracting Abundance](#)

Read up to date information on our website about all of our [abundance and manifesting materials](#).

For an overview of all of Orin's courses please visit [Orin's Path of Self Realization](#).

# **Policies for Sharing Orin's Audio Journeys and Teaching Orin Courses**

## **Sharing Orin's journeys**

1. You may play your downloaded Orin journeys for others who are able to listen through using the device (such as your computer or audio player) that you have your download audio journeys on. If you own the tapes or CDs of this course, you may lend your original copy to others to listen to. This policy is intended to allow you to share your course with a few people such as special friends or loved ones who you know well and who you think will benefit from learning these skills.

2. Do not duplicate, copy, or transfer any *LuminEssence* audio recordings onto any format, including tapes, CDs, DVDs, audio listening devices, digital media, file sharing programs, or through the Internet or any other medium or method except for your own personal use, as they are copyrighted.

3. You are not authorized to record any *LuminEssence* journeys in your own voice for commercial resale or to copy any audio journeys onto any media for commercial sale.

4. Do not share any Orin journeys by making them available in any format on the Internet. Once the audio journeys are available via the Internet it is very easy for others to find them and to post them on other sites.

5. Please do not advertise that you are renting out, charging for, or sharing Orin's audio journeys via the Internet or any other medium for a fee or for free as this was never our original intention in allowing people to share their physical courses with a few friends when the courses were available in tape and/or CD format. This includes but is not limited to any broadcast or podcast of the journeys.

## **Sharing Orin's journeys in a live class setting**

You can visit our website for [more information](#) on teaching classes based on this material.

In addition to the above policies for sharing your *LuminEssence* audio journeys, please note these policies for holding live classes:

1. You may play your Orin journeys in a live class setting with the members attending in person. You may not play or post these Orin journeys online for classes conducted through the Internet.

2. You may not make copies of your Orin journeys for students; each class member who wants these Orin journeys will need to purchase and own their own course.

## **Teaching by leading your own journeys based on this course**

1. You may record and make copies of your own live seminars based on Orin's material for students who attend your classes. You may not make your seminar recordings available commercially. You may not post them on the Internet unless they are password protected and only for members who attended your class. Please make sure you have worked with these journeys a number of times and have experience with the skills taught.

2. You may not make a set of your audio journeys based on this course in advance that you make available to all your classes (instead of making live class recordings for

each class, based just on that class). To pre-record your journeys, you would need to have signed agreements with *LuminEssence* to produce and sell albums as the official set in your language.

Our policies are designed to support people who are drawn to this course in being successful in learning what is being taught. We have repeatedly found that when people do not purchase or make an investment in the course, they usually do not value the course enough to finish it. Know that when people are ready for the course, their soul, higher self, guides, and the Divine within will provide them with all the resources they need to take this course.

We have evolved our policies after much thought, reflection, and experience based on today's technology. These policies may evolve and change as future technologies are developed. Please know that your support and willingness to purchase the audio journeys from *LuminEssence* makes it possible to keep this work available and to allow for new work to be created. Please [visit our website](#) for additional and/or updated information about these policies. We thank you for your integrity and your support of Orin's work by not sharing or teaching these journeys except as noted.

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# *Creating Money*

## *Attracting Abundance*

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### *Transcripts of Journeys*

Welcome to transcripts of Orin's *Creating Money* guided meditations. We have provided these transcripts to assist you in better understanding the material covered. While we have an excellent transcriber, we do not guarantee that these transcripts perfectly match the audio course or that they are perfectly typed or edited. In addition, some of the material has been slightly modified to make it more readable.

#### **Program 1 Magnetizing Yourself**

Greetings from Orin. Begin to relax, putting your body in a comfortable position, your arms at your side. Take a deep breath in. On your out breath, release any energy you do not want, such as thoughts, feelings, and energy from other people you might have brought into yourself. Let them flow out right now.

With each breath in you are bringing in a feeling of peace, tranquility, and light. You are breathing in the higher light of your soul. Your mind is clear and your thoughts are forming in a higher way. Your higher mind is awakening. You are building a bridge to your soul, so that the light and abundance of your soul may travel downward to you from the higher planes, all the way into every part of your being.

As you relax and go deep within, become aware of your heart center, of that place of love within you that holds an immense reservoir of love; love for yourself, love for all life, a reservoir of aliveness.

Imagine that you are traveling higher and higher, drifting and floating on a sea of tranquility, letting go at a deep level. You are allowing more light, more beauty, and more harmony to flow into your life.

Allow your breathing to grow calmer and even more peaceful. You are filling up with light; the light of your soul. You are becoming higher, your vibration is growing finer. Your mind is clear, receptive, and linked with your higher self and your higher mind. Your channel is open to higher wisdom.

You are allowing in new, positive, and loving thoughts of yourself more and more of the time. Your mind is like a clear mountain lake, reflecting the higher planes of reality. Every cell in your brain is turned upward. You are receiving clear guidance from your higher self and soul. Your mind is illumined and held steady in the light of your soul. Your emotions are growing very calm and your body is relaxed.

You are now ready to begin magnetizing what you want from this level of inner peace, of a clear mind, and in the light of your soul.

You will start by magnetizing abundance. Think of an area of your life in which you would like abundance. Perhaps you would like to magnetize money, time, or other things. Be as specific as you can. Make a clear picture of what abundance means to you so that you will know when you have it. What quality does having this thing give you? Does it bring you joy, peace, security, serenity? How do you think you will feel if you have it?

I am going to ask that creative part of your being to begin bringing this quality into your life right now. For the more you develop this quality, the more magnetic you will become to attracting what you want. So ask this creative part of you and your subconscious mind to begin now to bring this quality to you.

Now ask your soul or higher self, your guides, to work with you to release any beliefs that say you cannot have this. You can imagine that a beautiful light comes from above, and this light dissolves and takes away any limiting beliefs that are ready to go. Tell yourself it is possible to create this level of abundance. How long do you think it will take to get this? What is your current picture?

Release that picture of how hard or how long it will take. Imagine that time is like a space between you and having of what you want, a number of steps that need to be taken. Close the distance, seeing where you are now and where you want to be as very close together. Seeing the steps being taken quickly and easily, and collapsing time, until you now have what you are asking for.

Imagine that you now have what you want. What new feelings do you have? Bring those feelings into your body right now. As you feel these feelings, you are becoming magnetic to those things that will bring more of these feelings to you in all of their forms.

Ask yourself how having this goal, what you are magnetizing, ask how having it will help you accomplish your higher purpose. What good things will having this contribute to those around you? Your will and intent are very magnetic. When you are motivated to get something and when you really want it, you will have it.

Think of something that you wanted that you got. How motivated were you to get it? How strong was your intent? How much energy did you put into getting this thing?

Now think of something you want to create right now. From deep within your being let that same level of commitment, intent, and will come forward.

Now you are going to align your personal will with having what you want with the will of your soul. On your in breath, imagine you are going up into the world of essence, into a world of light. Picturing what you want now, taking it up into the world of light, letting light infuse it, letting divine purpose flow into this. So that when it comes to you, it will be in the perfect timing and in the perfect way, in alignment with the divine plan of your life and your soul. Gathering energy as you take this up into the world of light and essence.

And now on your out breath you are sending out to the world the vision of what you want. What you are sending out is now in alignment with your soul and the universe. On your in breath up, adding light to your vision of what you want. On your out breath, sending this out to the world so that it may manifest in your life.

You are going to begin the process of magnetizing something, whatever you have been asking for. Imagine that your soul is surrounding you, and you are calling upon the power of your soul to provide you with core energy. Imagine that there is a small coil of light within you around the area of your navel, and think of the word soul power. Light is flowing down from your soul through the top of your head into your heart, down into this coil, filling it with light, and love, and wisdom; a powerful place to change physical matter.

The coil can be a hollow one, or something such as a wire. This coil forms a spiral in the center of your body. Energy comes in from your soul into the coil, and then spirals out all about you. Make the coil bigger and bigger. It is circulating more and more energy, developing a magnetic energy. You are growing more and more magnetic. Every cell in your body is becoming magnetic. Your soul's energy is flowing through you. The coil is growing as large as your body. Whatever you think of when you generate this coil will begin to come to you. You are circulating more of your soul's core energy and power into this coil, becoming more magnetic.

Think of what you want, the qualities it will give you, the feeling, as well as the specific form. This may be a sum of money, a new job, a monthly income, more time, more love. Hold the vision of what you want clearly in your mind.

Imagine that every cell in your body is aligned with this vision. More and more of your soul's power is pouring through you. See whatever you have asked for coming closer and closer. A little bit by little bit, more and more. Let this, whatever you have asked for, the feelings it will bring, the qualities that it carries, the light and essence and energy, the purpose and will, it is starting to come to you from all around you in every direction, slowly blending with your energy field. As it comes in, disperse it, bring it into all of your being. Let it become a part of your life.

Harmonize with whatever you have asked for. Let it feel wonderful and in harmony with every level of your being. Adjust to the energy coming into you as you receive at this energy level what you have asked for. Affirm that you are willing to receive this in whatever form and timing is for your highest good.

You have now done very powerful energy work to transform an area of your life. Thank the universe in advance for bringing this to you. This is the level to work at, what we call energy work, where you work in the realm of light and essence before you take action to create what you want. Out of this work will come new ideas and new thoughts, new behaviors and insights, new circumstances and situations.

Once you have magnetized what you want, you will want to follow your inner messages to get it. You believe in your success. You allow it come to you easily. You open your heart to receive what you have asked for, and you trust that the universe will bring it to you at the perfect time and in the perfect way.

You pay attention to the whispers, knowing that your inner urges and the wisdom of your heart is leading you towards having what you want. You can have what you want. When you work at an energy level as you just did to create what you want before you take action, wonderful and miraculous results can occur. Then whatever comes to you will be deeply fulfilling and even more than you could have thought to ask for.

All right. You can begin now to come back into the room. If you would like to continue magnetizing and building the coil and attracting something, you can do so now, or at anytime during the day that you think of it. Remember to think of the essence, the feelings, and the qualities that you want from having this. Make your magnet whatever size feels right. And believe that what you are doing is real and will create results, for it will do so.

Come back now, easily and gently, filled with creative energy. You are wide awake now, magnetic to your higher good, and ready to have a wonderful day.

## **Program 2 Awakening Your Prosperity Self**

Orin: Put your body in a position of comfort. Begin to relax your body, letting your breathing take you deeper into a relaxed, focused state of being. You are beginning to unwind and let go at a very deep level.

As you breathe in, adjust your posture so that your body is even more comfortable, even more relaxed, and so that your energy can flow freely throughout your body. Bring in light with each breath in, by imagining that you are breathing in light, filling yourself up with light.

You are releasing and letting go of any energy you do not want. Going deeper and deeper within, into that deep inner part of yourself, your wise, all-knowing self, your balanced, harmonious, and loving self. Feel yourself growing wiser and more beautiful. Your vibration is increasing as you take on the vibration of your higher self.

Imagine that you are sitting in a beautiful meadow. You are your higher self. You are compassionate and wise. You are loving. You have answers. You as your higher self are going to work with a subpersonality, a part of you, to teach it how to work with you to



become more prosperous. Sense the beauty of the meadow, the brightness of the sky, the lovely flowers, the peace and tranquility that is all about you. You are at peace with yourself. You are wise.

Imagine that there is a part of yourself, a subpersonality, that is walking across the meadow to meet you. This is a part of you that is having doubts or fears about your current situation with money. This is a part of you that in some way is not yet aligned with your new vision of being abundant and prosperous. See this part coming across the meadow to meet you.

Let it come closer and closer, until it is in front of you. What does this subpersonality look like? Is it male or female? How is it dressed? Is it young or old?

You have so much compassion for this self. This part of you is trying in the best way it knows how to serve you in some way. It has an old program that needs to be rewritten, perhaps based upon who you used to be as a young child. It does not know who you are right now. It does not yet see your new goals and the new vision of what you want to create. It is operating on a program based upon who you used to be, and it is trying very hard to do something good for you.

Look right into the eyes of this part of you. With great compassion, ask it what good thing are you trying to do for me with your doubts and fears, or with your withholding of abundance. It is trying to help you in some way. Listen now very carefully.

Now ask this part of you if it would be willing to walk with you to the top of a mountain where you will show it your new goals, a vision of who you are now, and give it new role to play.

When it is ready, walk up the mountain together, climbing higher and higher, where the air is more rare. You can walk together, fly or dance up the mountain, continuing until you reach the top.

At the top of the mountain take this subpersonality and show it the expanded view. You can see for miles in all directions. This is symbolic of the wider view you now have of your life. Turn to this part and show it who you are now. Show it a vision of your financial goals, how much money you intend to make and have in the bank, your monthly income. Whatever you want to create right now, show this part your vision.

Think of something that is very important for you to accomplish in the next month, three months, or six months. Ask this part to help you in creating this goal.

You are going to give this part of yourself a new assignment. Recall the good thing that this part was trying to do for you. Even though it had doubts or seemed to be blocking you in some way, what good thing was it trying to accomplish or help you with?

It is time to give this part of you a new assignment. Ask it to play the same role for you, but in a different way. To do good things for you that are aligned in helping you create your new goals. This subpersonality wants to help you. It is delighted to be asked to help, and it will find many creative new ways to help you reach your goals.

And now you are going to call to you a very high being, a spiritual teacher, or perhaps your own soul; a radiant light who is going to come and work with this subpersonality to evolve it into its highest expression of love. You can see this being of light approaching in the distance, coming closer and closer until he or she joins you on the top of the mountain.

The subpersonality now goes over to this spiritual teacher. This spiritual teacher knows exactly what to do. Observe as this spiritual teacher begins to work with the subpersonality, noticing that the subpersonality is growing more and more beautiful as this being of light works with and transforms it.

When this spiritual teacher, this being of light, is finished, the subpersonality walks back over to you. It has become beautiful and radiant. It now knows what to do to create prosperity for you. You have awakened your prosperity self. This self is now a part of your team, working with you. The spiritual teacher is saying good bye and leaving you. Thank this being for working with you.

Turn to your subpersonality and embrace it with your love. You love this part of you. It is working so hard to serve you in the best way it knows how. And now it knows a better way to serve you. Love this part of you. Hold it, appreciate it. This subpersonality is now going to find many new and higher ways to assist you in becoming prosperous, ways that are aligned with your visions and goals.

Your creative self is now showing your subpersonality at least three new ways to assist you in becoming prosperous, in achieving your goals and vision. You do not need to know what these ways are for them to be brought about.

Feel this subpersonality as it grows more beautiful and sends you love. It is eager to fulfill its new assignment. Its greatest joy is serving you and bringing you what you want. It is smiling with joy at being able to assist you, for it now knows what you want, and it will work with you to create this.

Face this little part of you that is now so filled with your love. Let it turn into a symbol of the prosperity and abundance it can give you. Take this symbol and bring it into your heart. You are becoming one with this subpersonality, unifying yourself with this subpersonality.

You are now walking back down the mountain to the meadow. The warm sun is on your face. Imagine that it is six months from today. This subpersonality is now working with you. Changes have been happening. How is your life different now, six months from today? Use your imagination.

You are now your future self, integrated and blended with this subpersonality that is working with you to create prosperity. Spend a few more moments fantasizing and daydreaming about the wonderful changes you have experienced in the last six months, making this as real as you can imagine it to be.

Feel the power and the strength of your future self. Let this future self send you a message right now, a message of confidence. Feel the joy and laughter within you, the new feeling of prosperity and abundance that you are bringing into your life as you become one with your subpersonalities, more unified and whole within, for you have the power to create anything you want.

Come back into the room now, feeling a heightened sense of well being, optimistic about your future, knowing that your prosperity is on its way. Come back easily and gently, and have a wonderful day.

### **Program 3 Abundance**

Greetings from Orin. Begin to relax and go inward, preparing to open your heart center and receive greater abundance into your life. You will be calling upon the power of your higher self and soul to work with your mind, your thoughts, and feelings, so that you may claim the unlimited abundance of the universe in any area of your life.

Start by relaxing your body. Imagine that light is coming down the top of your head. This is a great, white light, the light of your soul, and it is going to fill up every cell in your body. Your soul is absolutely abundant, and it knows how to create abundance in every area of your life.

Let the light of your soul bathe your mind in its light, as if every cell in your brain and in your nervous system is being tuned upward to a higher vibratory note, tuned upward to the vibration of your soul and higher self.

Your mind is opening up to receive the confidence, trust, and vision of your soul, as you open to having more of your soul's light come into your body, in to your emotions, and into your mind.

Picture light traveling down your spine. It is as if your spine, as it fills with light, is becoming a pole of light. Light begins to radiate outward from your spine into your body, creating a field of light all about you. This is your soul's light as it comes into your body and physical reality. This light begins to transform everything, even the air about you.

Sense your soul's light beginning to regenerate and revitalize all the cells in your body. This light is coating your nervous system with a beautiful, fine substance of light, creating a web of light all about your body.

As you bring in your soul's light, it is as if you are sitting in the sun, absorbing the warmth and nourishment and light of the sun. You are allowing your soul's light to recharge, revitalize, and nourish every cell in your body. You feel stronger and more energized as you allow in more of your soul's light.

Bring your soul's light into your body, down through the top of your head all the way down to your feet. Imagine that you are letting light and energy flow through you, so that there is a sense of very flowing energy, of flowing light.

Think of your life right now. What are you doing that is adding the most light to the world? What activity, what thoughts, what career, what actions are adding the most light to the world?

What are you doing in your daily life, small things perhaps, that is adding light to other people's lives, to the world around you? The more light you add to the world around you, the more abundant you will become in every area of your life.

Think of an area that you would like to create abundance in, be it an abundance of money, or love, or an abundance of anything else. How might you increase the amount of light you are adding to the world through having abundance in this area of your life?

Start creating abundance by creating light all about you, for an abundance of light will bring everything to you in its highest form and in the best possible way. Imagine that every action you take throughout the day adds light to the people around you, to the animal and plant kingdom, and to the earth or to whatever area you are working in.

Notice that your soul's light is growing larger and more beautiful as it is forming a cocoon of light all around you right now. Call light to yourself. Light coming from everywhere in the universe, the highest imaginable light. Filling yourself up with light, beginning to radiate light outward into the universe. Sense light radiating from you into every area of your life, into all the people about you. You are reflecting the highest qualities of light outward.

As you do this, sense all the light that comes back to you, for the more light you add to the world, the more light you can draw into yourself.

Open to receive even more of your soul's light, letting it radiate from you. You are filling up with light. The cocoon or sphere of light forming all around you is becoming more real, more solid. You are becoming a radiant light.

And now sense the energy of love, the love of your soul, a great, compassionate and wise love. This is the love that travels outward on your soul's light. Feel its softness, its harmony, its compassion. Sense how magnetic you become when you radiate your soul's light and love. Sense your soul's love touching the heart centers of everyone around you, as if lines of light are radiating outward from your heart center to the heart centers of everyone you know.

There is an infinity of love, and light, and energy available to you. Sense the infinity of love that you have coming through you right now. There is complete abundance of love. Notice that you can call any amount of light to you. There is complete abundance of light.

Think of an area you want more abundance in.

Now imagine that you are in a beautiful meadow. In this meadow are blackberry bushes. You are here to gather them. You need and want an abundance of them. These symbolically represent what you are bringing into your life. The first bushes you come in contact with have only a few ripe berries, and they are very hard to get to. You pick what you can and continue down the path.

As you walk down the path you call in the light of your soul, and call in light from everywhere in the universe. You are becoming more radiant, more in the flow, more able to find what you are looking for. You continue down the path, and you are able to find more blackberries, more berries within easier reach. You fill up your bucket.

And you fill yourself up with even more light from your soul and the universe. Love is pouring out of your heart center. You know that having these berries, this abundance, will be a gift to yourself and a gift to others.

You begin to sense the energy of what you are calling to you. You are in harmony with the earth and the universal flow of energy all about you. You are becoming more and more radiant with light. You are so in the flow that as you continue you look around and you notice that everywhere you look are berries hanging from the vine right within your reach. Your bucket is full, and you can pick more buckets. There are more berries than you could possibly eat, you are so abundant. You wonder how you could have ever worked so hard when right in front of you is unlimited abundance.

Whatever you want to create is all around you waiting to be claimed by you. Energy in the universe is awaiting your command to change itself from light into form and matter.

Think of the area you want to experience abundance in. Ask yourself, "If I had all that I wanted right now, what quality, what essence would I have that I don't know have, such as joy, peace, freedom, aliveness, more time, self esteem, love? Think of this now. What quality will having abundance in this area bring you? This is the quality that will make you magnetic to having abundance. You can begin to bring this quality into your life right now without needing the abundance. And as you bring it into your life, you will become magnetic to abundance.

What small step can you take today or this week to experience more of the quality that you want? What important things do you think that having abundance in this area will give you that you do not now have? Perhaps a simpler life, more freedom, more power. What deeper needs do you want to have fulfilled in having this abundance? What could you do right now to fulfill this deeper need?

Picture having abundance in this area of your life. Let the feelings that you want to feel come into your body. Open to allow it. Tell yourself you deserve to have this, as you picture yourself receiving and having abundance in this area of your life.

Imagine receiving this abundance, and feel the energy of receiving and allowing. Think of something you create easily in your life, something you are already abundant in. Notice how effortlessly this comes to you. You expect it. You know you deserve it, and it is yours. Things can appear just as you need them. Every action you take can be the right action that brings you results.

As you radiate your soul's light and love into the universe, you become magnetic to your higher good. As you invite and allow abundance into your life, you have even more light and love to radiate outward to others. You trust that the universe and your soul are abundant. You know you can create unlimited abundance by linking with your soul, by creating with light, by tuning into the essence of what you want and beginning to bring those qualities into your life now. You can and are creating unlimited abundance in your life. You own your power to do so.

And now if you would like to come back, do so, appreciating today the abundance you have already created in your life. When you come back and go about your day, you will feel refreshed, full of energy, and filled with new ideas on how to create abundance.

## **Program 4 Success!!**

Orin: Greetings from Orin. In this guided meditation you will build an image of yourself as a success, using feelings of success in other areas of your life to energize and build your success in a new area in which you want to succeed.

Each time you work with this journey you may want to pick a different area to work on. Near the end of the journey you will have an opportunity to imagine what it would be like if every single area of your life is succeeding for you in the way you want it to. There is much power in visualizing and imagining what you want. Whatever you imagine to be so, your subconscious goes to work to create it as your reality, based on your beliefs about what you deserve and can allow into your life.

Begin by putting your body in a comfortable position with your arms at your side. Take a deep breath in, and feel yourself relaxing at a deeper and deeper level. Notice that with each breath in you are becoming calmer and more peaceful.

Begin to relax, starting with your toes. Put your feet and legs into a comfortable position. Relax the muscles in your toes and your feet, feeling the muscles letting go. Let a wave of relaxation travel up your ankles and calves, into your thighs. Move your legs into a more comfortable position.

Shift your upper body in a way that allows it to relax. Notice the back of your neck, and adjust it to let your energy flow from your body up your neck into your head. Bring a feeling of relaxation up from your feet, into your legs, into your knees and thighs. Let this relaxation travel into your buttocks and stomach. Feeling so relaxed, so comfortable, and so peaceful.

Notice your posture. Pay attention to your shoulders, letting them drop ever so slightly. You are letting go at a deep level, releasing and relaxing. You are feeling so comfortable, so physically relaxed, as if you are being gently massaged with light. Feeling soothed and bathed in comfort,

as if you are floating on a cloud. You are feeling relaxed and peaceful at every level of your being. Relax the muscles in your back. Adjust your posture to allow more air into your upper chest and into your stomach.

Take a deep breath in. Hold it for a moment, and then slowly release it. Take another deep breath in. Hold it again, and then slowly release it. Feel the greater flow of energy into your diaphragm and lungs.

Relax your arms all the way down to your fingers. Your arms and hands so at rest, so comfortable. Rest and relax the muscles in your face. Letting the muscles around your jaws and your eyes relax.

You are moving into a deep level of relaxation. Your thoughts are becoming more peaceful. Your inner light is growing more beautiful and shining more brightly right now. As you relax your body, calm your emotions, and quiet your mind, your soul's light can shine through you more brightly.

Your soul is now joining you. Feel its presence of light. Your soul will work with you throughout this journey to light up those things that are important for you to look at. You will explore success by bringing the feeling of success into your body. Having a physical experience will assist you in creating success in some area more rapidly and easily.

So start by thinking of a time in the past when you felt successful at something, perhaps very simple, getting something you wanted or learning a new skill. What were you doing? What did you get? Bring that feeling of success into your body. Notice how your body experiences the feeling of success.

Now reflect on how you felt emotionally when you were successful. Remember that event again, and bring that feeling of success into your emotions. Feel it now, as if it were happening now. How did you think about your success? How did you feel about yourself? Bring that feeling of success into your body, into your thoughts, into your feelings right now.

Now think of an area you want to be successful in. Take those feelings you just had in your body, in your emotions, and in your mind. As you think of what you want to succeed in, bring these feelings, thoughts, and physical sensations into your body now, as if you already have them.

One way to build success into your life is to remember many successes that you have already had. You now say to yourself, I am a success. I have had many successes in my life. And you begin to remember all the times you have succeeded.

Think of your life right now. What are you doing successfully and well? What successes have you had recently? Think of at least three or four things right now. And as you think of them, notice the feeling in your body, emotions, and mind.

Success as seen through the eyes of your soul are the times in which you are loving to yourself and others. Times in which you come from your truth and live your ideals. Times in which you made the highest choice and chose the path that carried the most light for you. Think of some moments that you have been successful from this perspective of your soul.

All of life is a learning experience to expand your consciousness. There is no such thing as failure. There is only growth and learning. You are successful in growing and learning. You are expanding your consciousness.

Now think of an area in which you want to experience greater success. Imagine that there is a ceiling above your head that represents the limits you have put on success in this area of your life. How low is this ceiling? How thick is it? How big is it? What does it look like?

And now with the power of your soul present, letting your soul be with you, just calling it to you, knowing that it always responds to your call, begin to lift that ceiling. Imagine that it is rising higher and higher, finally disappearing altogether. You are now experiencing your unlimited potential for success. Anything is possible.

Imagine that there are many paths in front of you that lead you from where you are now to the highest success possible in the area you are focusing on. There is a great light at the end of one of the paths that is more beautiful than the light at the end of the other paths. This is your path of most light in this area. Select that path of most light and symbolically walk on that path. Take all that is beautiful with you from the path you have been on, and now see yourself walking on the path that leads you to your highest success in whatever area you are focusing on.

There may be forces that try to pull you off this path; your own thoughts and feelings, distractions, and the people around you. **\*\*O1** Picture yourself planting your feet firmly on this path of most light, following it. The light at the end turns into a symbol that represents your success, the greatest success possible for you in this area. Let an image of this symbol come into your mind. And if you do not receive one, that is all right as well.

Walk towards this symbol in your mind. Take this symbol of success and put it in your heart. Success is yours. Think of all the reasons why you will succeed in having this. You have been preparing for success in this area of your life.

Picture yourself in a scene where you have success in this area. Make it as real as you can. Feel good in your body, mind, and emotions. **\*\*O1**

Ask your soul to show you if there is anything you need to release to have success. Let any thoughts come into your mind that need to be transformed; thoughts that may be telling you why you cannot be successful. Let these thoughts turn into new thoughts of why you will succeed.

Imagine what you would feel like if everything in your life is working. You do not need to know what might be happening. Simply bring this feeling of success into your body, into your emotions, and into your mind. Imagine that every area of your life is working, and you feel successful about your life.

The light of your soul is dissolving any limitations, any thoughts or emotions that might keep you from success. You are filling up with light. You say positive words to yourself. You acknowledge every day the things you are doing that are successful. You believe in yourself. You nurture yourself and love yourself with your words and actions. You focus on and live the path of your heart. You come from your integrity and speak your truth. You are the authority of what is good for you. All the decisions and choices you make are right for you. You now allow success to come to you, and know that you deserve to have it.

If you would like to come back and wake up, you can do so. And you will remember and think of all the successes in your life. You know that you are a successful person. You wake up full of ideas, and have a creative and wonderful day.

## **Program 5 Clearing Beliefs and Old Programs**

Greetings from Orin. Changing your beliefs about reality is a powerful way to change the reality you experience. What you believe to be true is what you will create as your truth in reality. In this journey, we will explore together some of your beliefs about creating money, spending money, and having money. You will learn how to change old, negative, or limiting beliefs into new, positive ones to create what you want easily and effortlessly.

Begin by putting your body in a position of comfort. Adjust your arms, your shoulders, your chest, so that you feel comfortable. Move your legs and feet until they feel very relaxed and comfortable. Your back and shoulders should be in a comfortable position. Put your head and neck in the right position for you, perhaps allowing your jaw to relax. Just sensing your body for a moment, releasing any areas of tightness, finding comfort and peace in your body.

Take a breath in, and imagine that you are relaxing at an even deeper level. Let that wave of relaxation travel down your face, down your jaw, into your neck and shoulders. Relax your arms and hands. Let a wave of relaxation relax all the muscles in your back and stomach. Your breathing growing freer and more relaxed.

You are letting go of the outside world and going deep within. This is your special time. You are comfortable and serene. Let that relaxation travel down into your thighs, into your upper legs, and then down your lower legs into your feet.

You are feeling deep, deep inner peace. Your emotions are growing calmer and more tranquil. Your mind is becoming clear, reflecting the higher planes of reality like a clear mountain lake reflecting the sun. Your mind is able to receive and transmit the clear light of your soul and its thoughts through your own thoughts and words.

Ask your soul to join you right now. The light of your soul can illuminate your thoughts. As you connect with your soul, you are rising upward to a higher plane of reality, sometimes called the plane of intuition, where the view is expanded, the light is more beautiful, you know in an instant beyond the intellect. This is the plane of pure knowing. You are heightening and increasing your vibration.

Your soul is with you, beginning to lift your mind into the higher realms, where you are link with the Universal Mind, where you can play in the field where all knowledge is known, where all information can be found. Your mind is beginning to vibrate in harmony with the Universal Mind.

You are going to ask the wise, all-knowing part of yourself to assist you in looking at and making visible those beliefs about attracting money into your life that need to be released. Think now of the area you would like to examine your beliefs about, that you would like to change the results and circumstances you are experiencing.

From this place of all-knowing, of the connection to the Universal Mind and your soul, from the connection to the wise, all-knowing part of yourself, pretend that you do know and have the answers.

Let it come into your mind what belief you have about reality that is creating your present situation or circumstance. Perhaps there is more than one belief. What you need to be true about reality to have created your current circumstances in this area? Let this belief become visible to you now.

Now let that belief and any images or negative thoughts you have seen, let them dissolve. You might imagine you are erasing them, or that you are surrounding them with so much light that these beliefs simply disappear into the light.

Ask this wise, all-knowing self, ask it to give you a new belief, a new statement about the nature of reality that you could now call your truth in this area of your life.

Say this new thought to yourself. Make it in the present tense as an affirmation. "I now know, I know belief I can," whatever you want to say here.

Say this to yourself throughout the day. You might want to write out this new belief and put it somewhere you will see it, for there is much power in repetition. As you say this new belief to yourself over and over, you begin to create it as your reality, easily and effortlessly.

Every time you use this journey you will see additional beliefs that you can change. Until there will come a time when you have shifted all of your beliefs and you have created a new reality. You will be able to create positive results and a change in what you experience. All you need do is visualize and energize this new belief.

You have explored your belief about attracting something, such as abundance. Now you will explore your beliefs about having it in your life. So once again let that wise, all-knowing part of yourself be visible. Feel your connection to your soul and the universal mind.

Let into your mind a thought, or idea, or belief, that you have about having money and abundance that is causing your current circumstances. Let one belief become visible right now. What if you had ten times, or a hundred times the abundance that you have right now? What comes up for you as you think of this? Identify any negative thought, for it is one of the beliefs that is stopping you from having this.

Take those thoughts and beliefs that are keeping you from having what you want, and imagine that you are erasing them, or filling them with so much light they simply disappear in the light.

Let a statement come into your mind as you work with your higher, wiser self, a positive statement that you would like to be true about having wealth and abundance; a belief that you would like to energize.

Feel the truth of this new belief, how good it feels to have it. Make this new belief into a clear statement, one that you could write out and say to yourself over and over throughout the day to create your new reality.

Now, to examine a belief in another area and to change it, think of something you want that you do not have. With this link to your soul and higher self, with this link to the higher mind of the universal mind, let it come to you of what belief, what thought, has kept you from having it.

Now change this thought of why you can not have something into a positive statement of why you can have it. Turn it into a new, positive belief.

You are going to go into your cellular level to change this belief, so put your awareness on the cellular level of your body, just by imagining that you are doing so. You are going to travel into the very center of your cells, into the DNA, the genetic code that forms your body, emotions, and mind. You have the ability to communicate with this level of your being to ask it to release certain beliefs.

Imagine that you are growing smaller and smaller, until you are able to put your awareness into the center of your cells. You are going to talk to the DNA, to the director of this life force energy at the genetic blueprint of your entire being. Ask this part of you, talk to it right now and ask it to reprogram these new beliefs you have selected into the core of your being, to build them into your cellular level.

Imagine this new belief becoming real. One by one take the new beliefs that you have thought of, the new statements of your reality, and ask the director, the higher self in charge of reprogramming your genetic code, to now incorporate these new beliefs into the very core of your being. Do this now.

Think of an action you could take right now to affirm some of the beliefs you have just created in this journey. Let it come into your mind, one or two small steps that you could take right now to make these new beliefs a reality.



You are the source of your abundance. You are the one who can create whatever you want. You and your soul and higher self have the ability to tap into the unlimited abundance of the universe. As you change your beliefs, you change your reality.

Now you are beginning to come back and wake up. And as you do, you will be full of insights. You will remember clearly the new beliefs that you want to energize, and you will write them down. Your beliefs will now stand out more clearly to you. You will find it easy to identify the beliefs that have created circumstances you do not want, and to create new, positive beliefs in their place.

Come back now, feeling wide awake, full of joy, confidence, and energy, ready to start anew your life, to have a life of abundance, prosperity, and joy.

## **Program 6 Aura Clearing, Energy, Lightwork**

Greetings from Orin. We are now going to take a journey into the inner world of your mind by creating pictures in your mind, by using images of light and energy. You will work on your aura, the energy around your body, to expand it, to add light to it, and to increase your ability to tap into the unlimited abundance of the universe.

What you picture with your mind is real and can create real results. Working at this level is a powerful way to open yourself to more abundance at every level. By aligning with the light and the higher forces of the universe, you can create positive and real changes in your life, and in your ability to create money and abundance.

Close your eyes now, and put your body in a position of comfort and relaxation. Breathe deeply, and feel your breath traveling all the way through your body. Feel yourself letting go, feeling tranquil and at peace.

Bring your attention inward to the inner world of your pictures, thoughts, and imagination. Imagine your thoughts are growing clearer and quieter. Your emotions are calm and serene.

You are traveling inward, into the richness of your soul and your being. Your awareness of the outer world is growing less and less. Your inner world is becoming more and more real. This is the world of your fantasies, your dreams, your imagination, your inner pictures. You are now becoming more and more aware of this inner world.

Adjust your body so that you feel even more relaxed. Relaxing the muscles around your eyes and jaw, sinking into the comfort. Feel waves of relaxation travel down your head, relaxing the muscles in your shoulders and arms. Feeling the relaxation in your chest, your back, and your stomach. Let that wave of soothing relaxation travel all the way down your legs to your feet. You are calm and peaceful. Relaxation is traveling into every cell of your body. You are growing lighter and freer and more expanded at an energy level as you go deeper and deeper within.

Imagine right now that you are standing in a beam of light. Your thoughts are being reorganized into a higher order as you stand in this light, a light of the Universal Mind, the light of your soul. Imagine that your thoughts are taking on a higher, finer vibration, becoming more positive, more focused, more connected to your higher being, to the part of you that is wise and all-knowing.

Notice your breathing right now. Feel your breathing calmer and even more relaxed as you begin to breathe in this light, absorbing light. Send that light through your nervous system. As it travels through your body with your breath, feel yourself growing lighter.

Breathing that light all the way into your body, into every cell. Breathing light down your legs into your feet. Breathing light into your head, opening up the higher centers of your brain. You are beginning to expand at an energy level as particles of light come into your molecular level, assisting your cells and your atoms in vibrating in a higher way.

As you grow spiritually, so will you increase your abundance at every level. The more light that you send out, the more light that you bring in and circulate, the more abundant you will become.

Imagine that your aura sits about three feet out from your body, is a shimmering moving pattern of light and energy. So that you are standing in a cocoon of moving light. Make this cocoon as large or as small as you want. Smooth it out so that the patterns of energy are beautiful and harmonious. All you need is use your imagination for as you do, you are making your aura more beautiful.

Now imagine that you can sense, see, or feel your first chakra, an energy center located at the base of your spine. If you do not feel it, that is alright. There is a part of you that knows where it is. This is a center of manifesting. It is often associated with the color of red. Some see this center as a mandala or a vortex of energy. Imagine that you are clearing and opening up this center. All you need do is ask your higher self or your soul right now to do this for you.

Affirm that you are ready to open up to more abundance in every area of your life. Think of the most beautiful, cleansing, healing color of red that you can imagine. Put this color at the base of your spine in your first chakra, knowing that once you request that this center be open and balanced it will. Your higher self and soul will work with you now in your sleep and in other moments to transform this energy center.

Ask that any old energy be released, giving it to the higher forces of the universe. Any blockages, asking to have those released until this center feels pure. The light of your soul now shines through this center clearly.

There is another center of energy, a chakra, called the crown chakra located at the top of your head. This center deals with your higher purpose, your spiritual awakening. Imagine that this center is connecting with your first chakra at the base of your spine and the energy is flowing between them, open and clear.

You might imagine that the energy from the crown center of your head is shining a light to all of your energy centers so that everything is aligning, all your energy centers, with your higher purpose. And drawing the energy upward from the base of your spine, the power to manifest, all the way up into the crown chakra of your head and straight on up into the higher planes of reality.

Now imagine that light is pouring down into the crown center of your head is coming down through all of your other centers into your first chakra at the base of your spine.

Let that light come into your heart. Feel your heart expand at an energy level. Trusting, loving yourself, opening to receive, believing that you deserve to have, as if there is a pinpoint of light in your heart. And that light is radiating throughout your body, radiating a new level of self-love.

The light that you are standing in, the light of your aura, is growing more and more beautiful. Notice how beautiful it is becoming. As you look at this aura of light imagine that any fogginess is clearing up, as if you are standing in the sunlight and the fog is clearing. Just the right amount of sun and light. Any density, any darker places, are being dissolved into the light so that anything that is standing between you at a personality level and the light of your soul is now being released and dissolved.

Make a symbol—you might imagine it as a wall or anything that comes into your mind—a symbol of those things that are blocking you at an energy level from having the prosperity you want. Now with that symbol, change it until it is a beautiful symbol, filled with light. As you work on things at a symbol level, you are working on them as energy. You can create profound changes in your life by turning what you want into a symbol or an image and working with that image.

Think now of something that you would like to have, something specific, or the essence of something you would like to have. Now add light to it. Hold this image in your mind. Add light to it. See it expanding, becoming even more beautiful, even more than you are asking for.

You might imagine that your guide is with you now, you can sense your guide or not, a beautiful being is approaching you, a very, very high being, whether you are aware of your guide or not. Ask now for any blocks to your prosperity to become visible so that you might release them, or if your guide would simply like to work on your energy, your aura, let your guide do so. I will join with your guide as you are quiet now and receive.

Feel your energy growing more and more beautiful as you open up at a very deep level, open to having more light, more abundance, more success, opening your heart to receive it, more trust in yourself. Say to yourself, "I now release everything that is not for my higher good and I ask it to release itself from me." Letting go, releasing any of the lower frequencies of energy, anything that has been blocking your higher good.

You now say, "I now draw to me all those things that are for my higher good. I am magnetic to them and they are magnetic to me." Feel all the good things coming to you as you open even more to receive, filling your aura with light. Feel the balance of giving and receiving. You are pulsating light outward, bringing light in. For as you grow more full of light and a radiating source of light, you will increase your ability to attract abundance and prosperity.

So begin now to come back into the room. Feeling very creative, very open to receive your higher good. Whenever you have something you want, use this journey to work on it at an energy level and to prepare to have it. Open your eyes now if you would like to come back. If you would like to continue bringing in light, do so. Coming back now, if you are ready. Fully back, fully awake and present.

## **Program 7 Linking With Your Soul and the Guides**

Orin: As you sit or lie, close your eyes and put your body in a position of comfort. You will be making an inner journey, connecting with the deeper, higher part of yourself, expanding your being into the vibration of your soul's light and linking with your guide.

Relax your body now, for your soul's vibration can be felt more when your body is relaxed, your emotions are calm, and your mind is clear. Take a deep breath in right now. Begin to relax your body, starting with your feet, letting the muscles in your feet relax. Relaxing your calves, your knees, and your thighs. Letting go at a deep, deep level. And relaxing your stomach, finding muscles deep within your stomach and letting them relax.

Let your shoulders drop and your back relax. Letting go of any tension, and in its place feeling light and free. Releasing and letting go. Opening up to the higher planes of reality where there is more light and joy and unlimited abundance. Relaxing your upper chest, relaxing your diaphragm.

Notice your breathing, very, very tranquil. Going deeper and deeper within. Feeling your arms and your fingers relax. Finding small muscles in your forearms and your upper arms, letting them relax deep within. Your neck is relaxing and your scalp and your head is relaxing; the muscles around your eyes. Letting go, releasing, and relaxing. Your jaw is loose. Feeling that open, slightly open now. Letting yourself relax now.

Feel your soul's light begin to come into your physical body as you relax it, as if there is a growing cellular radiance. Let the light of your soul come into your physical body. Beginning to vibrate now with your soul light.

You might imagine your emotions as a vibrating field of energy that sits in and around your body. Imagine the vibrations growing very calm, slower and slower, as if your emotions are a fog that sits around your body. The sunlight is beginning to dissolve the fog. Your emotions are so clear that the light of your soul is shining through you more and more brightly—that calm, tranquil, smooth, and flowing emotional energy. So that your soul's light is beginning to flow through your emotions.

Your mind is growing focused and alert. You are beginning to link both sides of your brain, building a bridge of light upward into your higher mind, your genius mind of creativity, so that both sides of your brain are working together. The right side of your brain is receiving the light, the images, and the impulses from your higher self, translating them clearly to the left side of your brain into concrete words and actions. Your mind is like a clear mountain lake, clearly receiving and reflecting the higher planes of reality.

Your soul's light is moving into all of your energy systems, your body, your mind, your emotions, until you are becoming your soul. Your soul is operating in you and through you. You might even notice with your inner eyes a shimmer, a fluorescent shimmer all around the outside of your body, the shimmer of your spiritual aura, your soul light. This energy is radiating outward from you. You are becoming magnetic to abundance.

See waves of light coming from you, moving out into your environment, into the room, into your house, transforming everything it touches, lifting the vibration, expanding your energy to have more. Opening up, letting your soul's unlimited abundance draw to you your abundance. Feel the power of your soul now, transforming your ability to manifest. Your soul can create easily whatever is for your higher good.

Think of something you want right now. Feel the light of your soul radiating through you. See your soul easily and effortlessly drawing the essence of this thing to you so that when it comes it will be in the highest way at the perfect time.

And while you are at this level, imagine that you as your soul are sitting in a beautiful meadow. You might even imagine that you are on a higher plane of reality. The meadow is unbelievably beautiful, the flowers, the trees, the sky, the birds. There is beauty that is beyond description here. While you are in this meadow, your prosperity guide is going to join you.

So imagine now that a very high being is walking towards you as you sit or lie in this meadow. This being is a radiant light. As this being comes closer, you can see or imagine its presence, sense or feel it, or whatever is appropriate. This guide is a wise spiritual advisor, a master teacher. This being can advise you in areas of abundance. As this being comes closer, notice all you can about it. Does this being have a form or appear as a person?

Invite this being to join you in the meadow. Feel the love and compassion that is radiating from this special being to you. The wisdom in the eyes of this being that they have of physical form. Ask this being if it has a name that you may call it by. It may or may not be appropriate to receive a name.

This master teacher loves you without any reservation, sees the beauty and the perfection of who you are right now. This guide knows your highest potential, recognizes your life purpose, and wants to help you achieve it. Imagine that this guide can talk to you mentally or telepathically. This guide may send you a concrete message or simply send you energy. It may feel as though you are making it up. Use your imagination.

Think of an area of your life that you would like assistance in or advise about, perhaps an area of creating abundance, perhaps an area that you feel blocked. First, let this guide work with you to change the energy around this situation, to open you up wherever you need to be opened up. This guide is going to transmit energy to shift you at an energy level first. So receive now.

And now, let this guide transmit words, pictures, images, thoughts, feelings, to show you some beginning things you might do to open up to more prosperity, or to open up to more abundance in this area. Ask this guide to show you and help you see a bigger vision of what is possible to do in this area, to expand your thinking of what you might have, to show you some new possibilities and choices. Ask this guide if there is any information that he or she would like to transmit to you, any advise or guidance about creating more money and abundance in your life.

Now with the power of your soul and the help of this guide, we are going to begin to energize some of your goals. Think of a monthly income that you would like, a sum that you believe is possible to create. And calling the power of your soul, letting your light radiate outward, and your guide as well, imagine that you are becoming magnetic to that sum.

Your guide and your soul are now showing you many ways to make it a reality that will come into your mind at just the right time. Think of how much money you would like in a savings account. Imagine that you have that right now.

Call in the power of your soul once again. Your guide will help you. Begin to make that vision even more real. Send light to that vision. Accept it as your reality. Notice how it feels to have this much energy at an energy level or it is an abundance of something else, how it feels to have this abundance in your life. Your guide is going to show you in your dreams and in moments in which you are quiet ways in which to create this easily and effortlessly.

Now ask your soul to make you more magnetic to abundance and prosperity. Imagine that this beautiful guide sitting with you is filling you with light, clarity, and a magnetism to abundance. It is easy to have money. Abundance in every area of your life is as natural as breathing. Imagine that money is all around you, flowing like a river. Say to yourself, "Everything I do brings me money."

Imagine that it is raining money. Large checks are coming your way more and more of the time. See yourself making large deposits into your bank account, smiling as you receive your prosperity. Everywhere you turn money is coming, coming to you in ways that you have not even yet imagined, in greater sums than you have asked for.

Now this guide will be with you throughout the days that are coming. Your soul and your guide are with you. You will receive many new ideas about how to create prosperity. You now find a new ease in drawing to you what you want. Thank your guide right now for being with you.

And slowly and gently come back into the room. Stretching your body. Feeling wide awake. Come fully back. Ready to create a more abundant and joyful reality.

## **Program 8 Releasing Doubts and Fears**

Greetings from Orin. In this journey, I will join my energy with yours to assist you in releasing any doubts or fears that you may have that have kept you from creating prosperity and abundance. You have the power to create anything you want.

So begin now by relaxing your body, letting yourself become very, very comfortable. Go through your body and let it be very comfortable and relaxed, adjusting the position of your arms and feet, your hips, your chest, your neck, your head. Put yourself in a very comfortable position.

Feel yourself letting go at a deep, deep level. You are letting go and opening up to the unlimited abundance of the universe. With each breath in, imagine you are filling yourself with more and more light. Breathe light into your upper chest. Let your upper chest open up as you bring light into your lungs. Breathing all the way down into your belly, putting light into this area, letting your abdomen move up and down. And bringing in and breathing light all the way down to your pelvic floor, all the way down your spine. Letting light and relaxation flow all the way down your legs to your feet.

You are beginning to build lines of light throughout your body, a web of light around every cell. Picture this now. You are creating more and more places where you can hold light in your body, in your aura.

Imagine that you are opening your mind to the light of the universe to receive the light of your soul. Your thoughts are expanding. You are releasing limits. You are inviting the greater light of your higher mind into your everyday, logical mind. This is the part of you that can think in larger pictures, this part of your mind. Imagine that your higher

mind, the mind of your soul, is building lines of light into your mind, bringing in new thoughts, higher thoughts, more unlimited thoughts.

Feel yourself lifting up into the higher planes of reality, into dimensions of light and joy, of peace and plenty, your true place in the universe. You can have anything you want, for you live in a universe of unlimited abundance. You are growing lighter and more beautiful as you link with your higher mind. You are expanding at a deep level. Your heart is opening. Let yourself feel so good, bringing in a sense of serenity, the peace of the higher realms, the sense that all is right in the universe.

You are going to invite some very special beings to assist you in from the angelic kingdom. Their purpose is to put love where there is fear, to erase pain. Your soul, and I, and your guides, are now calling to you these angelic beings, You may or may not sense or see them, but all you need do is call upon them and they will respond. They have volunteered to come to work with you to release fear at the cellular level. Any fear you have is fear you have taken on from others in the universe. Your soul knows no fear. It knows only peace, serenity, and love.

Be silent and receive while these very special beings begin to remove fear from you. In its place they will put the vibration of love. They start by first taking the fear out of your body, out of the cellular level. It is starting right now.

You might say to yourself, "I now release any fear to the light. I now accept love in its place."

If there is any place in your body of pain or tightness, imagine that this is a place where you have been holding fear or negativity, and open up to let these angelic beings work on this area, as you affirm your willingness to release whatever fear is being held in this area of your body.

These angelic beings are next working to remove fear at the emotional level. Open up and accept the love that is being poured into you. Your soul is working with them. Lower vibrations of fear and other negative emotions are being transmuted. After this you will be more able to sense the higher emotions of peace, joy, love.

These angelic beings are now working to remove fear from your mind and from your thoughts. They are sending light into your mind, into your brain, and into your nervous system. They are working to take the fear out of your nervous system.

These angelic beings are now circulating love and light throughout your body, mind, and emotions. Your energy is growing clearer and lighter. You are opening up to receive feelings of abundance, prosperity, and plenty into every level of your being.

Imagine right now that you have an enormous sum of money in the bank. Observe how that makes you feel at a physical level, the feeling of having enough, of having abundance. Let that good feeling come into your body, as if something shifts in your breathing, something lets go at a deep level.

Now let the feeling of having abundance come into your emotional body, into your feelings. Whatever feelings you would like to have that you think abundance will give you, bring those feelings into yourself right now. The more you can feel this way, the more you will begin to create it as your reality.

Fear is now being dissolved by these angelic beings, and they are now sending you love and light. Open to receive love in every cell of your body. Feel how beautiful your energy is becoming in the light of love. You are filling up with confidence. You know that you can create whatever you want. These beings, these angelic beings, will assist you anytime you call upon them. They will help you whenever you need to release fear or doubt.

Now focus on all the things that are working in your life. Think of the abundance that you have right now, some of the things that you create easily and know that you can have, and have opened to bring into your life.

Now think of an area in which you have been doubtful of your ability to create money or abundance. Think of the thing that you have been telling yourself of why you cannot have it.

Now take that thought and turn it into an affirmation of why you can have abundance in this area of your life. Make it into a statement.

Now think of this area that you have some fear or doubt about, such as your current financial situation or your ability to create more. Imagine that the situation is as if you are inside a box. This represents a limitation that you have placed on yourself symbolically. What does this box look like? What is it made of? How thick are the walls?

Now begin to dissolve the walls, or build doors and windows and let in the light, until finally there is no box but only the clear light of the sun and of your soul all around you. The current situation and your thoughts about it are dissolving. You expect the best to happen.

What can you do right now? Open to receive an idea about some action you could take, it may even be a new thought, or a step to take, to transform this situation. What can you do right now?

Picture this situation turning out wonderfully, even better than you could have imagined. Solutions you have not even thought of are appearing. Opportunities are coming your way. Remember that your circumstances can change in an instant. Call upon all the assistance that is available from your soul, from the universe.

Remember that you are not your fears. A feeling of fear or doubt may pass through you, but it is not who you are. You might think of your doubts and fears as a small child that needs love. Or perhaps they have a message for you. Listen within right now and ask that part of you that is feeling doubtful or fearful if it has some message for you. Tell it you love it and that the world is safe. That you will listen, but you no longer need fear to become aware. Do so now.

Now imagine that your stronger, wiser self is joining you. This is the self that knows you can create what you want, that you have all the tools and resources within you that you need. This wise self knows that you are the source of your abundance.

Picture two paths in front of you, a path of joy and a path of struggle. You can choose whichever path you want. You can learn your lessons and grow spiritually on either path. Decide which path you want to be on.

When you are ready to leave the path of struggle, do so. Simply imagine you are moving over and walking on the path of joy. Decide now that you will learn your lessons through joy, that you are willing to have good things come to you, and to trust the universe.

You believe in yourself. You listen to and follow your inner guidance. You now catch any thoughts of doubt. You send them love, and let them transform into thoughts of confidence, inner strength, and wisdom. You have many times throughout the day when you feel confident and strong. New solutions appear in your mind. You receive answers and creative ideas that lead you to more prosperity, that lead you to having abundance. You are experiencing yourself as the new you, confident, powerful, able to create whatever you want.

As you come back from this journey, bringing your full waking consciousness to the fore, you now feel a new sense of peace, confidence, and trust in yourself and the universe. Coming back fully now, opening your eyes, feeling vibrant and alive, and wide awake.

## *Recommended Courses and Books*

# *Creating Money*

## *Attracting Abundance*

by Orin and DaBen

### **Other Courses You May Be Interested in to Create Prosperity and Abundance**

*Listen and tap into the unlimited abundance  
of your soul and the universe.*

Read up to date information on our website about all of our [abundance and manifesting materials](#).

### [Creating Money Attracting Abundance Book](#)

*Creating Money Keys to Abundance*, book by Orin and DaBen. This book will give you much information about magnetism, unlimited thinking, discovering your life's purpose and work, opening to receive, and more. (288 pages, published by H J Kramer, Inc.) [CM](#)

### [Advanced Manifesting and Magnetizing](#)

Orin and DaBen gave us a twelve-step advanced manifesting process to assist people in creating something specific in their lives. The results for people who used these processes have been wonderful. People have been writing to tell us that what they worked on manifesting has come into their lives—an agent to get his book published for one man, a new healing guide for a woman, a new car, house, a dramatic increase in sales and business for several people, and a clearer vision of their life's work and higher purpose for several others. We want to share this process with you so you can begin now to create what you want.

In this course, you will pick one thing you want to manifest, and use this twelve-step process to bring this thing into your life in its highest possible form. Once you learn the process, you can use it in minutes to create anything else you want.

Orin leads meditations on: • Turning what you want into energy • Bringing the energy of what you want into your DNA • Discovering the essence of what you want, and the quality it will give you • Utilizing the power of your emotions to draw it to you • Opening to receive, allow, and deserve what you want • Bringing in your Higher Self to advise you about manifesting • Journey to the Temple of the Masters to discover your life purpose, align with higher evolution • Reprogramming at a cellular level for abundance • Expanding and contracting time—get what you want sooner.

Duane and DaBen will teach you energy and clairvoyant sight techniques for: • Harmonizing your energy bodies to get into higher states for manifesting • Opening your first chakra to release survival issues • Opening the area around your heart to be able to receive • Raising your vibration, creating a greater energy flow. Create prosperity *now* and have abundance in every area of your life. 9 guided meditations by Orin and DaBen and talks by Sanaya and Duane. [W005](#)



# *Divine Manifesting with the Seven Qualities of Divine Will*

## [Part 1: Manifesting as Your Divine Self MM070](#)

As you listen to these talks by Sanaya and journeys by Orin, you will call upon each Great One who radiates Divine Will to experience the power, love, harmony, wisdom, illumination, intuition, and inspiration of your Divine Self, so you can more perfectly create the Divine Blueprint in every area of your life.

As you become more aware of the “sun” of your Divine Self, the highest light within you, what you create will be an expression of the highest part of your being. When you manifest as your Divine Self, you draw to you situations, forms, relationships, and circumstances that bring you joy, peace, harmony, abundance, love, success, and all good things.

This is a wonderful course in manifesting that is the first part of the *Divine Manifesting with the Seven Divine Wills and Divine Self* course, and can either be studied before or after working with the second part of this course. Course consists of 8 guided meditations by Orin and talks by Sanaya. *MM070D*. It is highly recommended that you take this course as well as *Part 2: Becoming a Master of Manifesting* at the same time.

# *Divine Manifesting with the Seven Qualities of Divine Will*

## [Part 2: Becoming a Master of Manifesting DW917](#)

In this course by Orin, you will work with the seventh quality of Divine Will, as well as all seven qualities together, to learn a step-by-step process of divine manifesting. You will link with seven Great Ones who transmit qualities of Divine Will. You will learn how to symbolically “stand” in the center of the powerful spiritual forces of Divine Will, aligned with your Divine Self, open to Divine power, love, wisdom, vision, inspiration, illumination, abundance, clarity, harmony, and peace that can be yours, that can transform everything you manifest.

You will work with the Great Ones to greatly increase your inner light, to step through a doorway into a new level of illumination, to purify your aura, to align with your Divine Self, and to build a bridge of light to open to more light from your Divine Self. You will learn how to better receive divine ideas and inspiration, to give life to your creations, to become magnetic to all you need, to receive guidance in each moment, and to build the etheric blueprint of what you want to manifest.

You will clear all obstacles to manifesting what you want and dissolve all thoughts, beliefs, attachments, and limitations that would stop you. You will work with the devas, a sacred transmuting flame, and other energies to manifest the highest possible forms, circumstances, and relationships. You will evolve your desire body and begin to create a new personality that more perfectly reflects your Divine Self.

This is *Part 2* of the *Divine Manifesting* course. It can vastly expand your understanding of manifesting and give you processes you can use to bring through whatever you are creating in its most beautiful, radiant form, that will give energy back to you, and bring you joy, harmony, abundance, love, and many blessings.

You can work with these two Divine Manifesting courses together to become a master of manifesting. These are Orin’s most advanced and transformative courses on manifesting, as well as on connecting with your Divine Self, and they have created profound results for people who have taken them. Courses together consist of 22 Orin journeys, talks by Sanaya and written material.

## *Orin's Living Your Life Purpose Course*

Learn more about your life purpose through looking at your life from the perspective of your Higher Self and then your soul. You will go back to your childhood to view the messages your childhood dreams have about your life purpose. You will meet your soul group who will join their light with yours to give you strength and courage, revitalizing and rejuvenating you to find and live your life purpose. You will receive energy from the Enlightened Ones to gain more clarity and insight into your higher purpose in various areas of your life.

You will learn how to align with the plan of humanity to know what steps are next for you to take. You will connect with many beings of light and receive their gifts of light and consciousness to assist you. You will meet and work with aspects of your personality, called "parts" or also called subpersonalities, so you can more easily carry out the goals of your soul.

Orin created a journey you can play whenever you want upon awakening to assist you in living your higher purpose for the day. You can have greater clarity about what activities you are doing that are in alignment with your higher purpose, and release any that are not. Contains 8 guided meditations by Orin, music by Thaddeus, talks by Sanaya. [OR914](#)

### *Orin's Solar Radiance:* *Becoming a More Perfect Light*

You can work with the Solar light, one of the most powerful forces in the universe, to create profound changes in your consciousness, in your spiritual path, and in your daily life. As you work with the Solar light you can fulfill the essence of your soul's higher purpose: to become a more perfect light. This course is also an advanced manifesting course, as you will learn how to find what you want as energy and light, and bring it through into this reality in its highest form.

In this step-by-step process, you will draw Solar light into your mind, emotions, body, aura, atoms, and every part of your life. You will learn how to bring Solar light and its qualities of radiance into your circumstances, projects, relationships, and activities to enhance all the light that is there, and to release anything that is not light.

You will discover how to recognize who and what increases your light, and how to work with those things that decrease your light. You will birth a consciousness of light so you can better recognize and use light. As you do this your vision of what is possible in your life can expand and you can know what steps to take to create what you want.

You will learn easy-to-use processes to manifest those things that increase your light and that are in harmony with your higher purpose. Link your mind with the Universal Mind to know what actions to take.

Become aware of the Solar light from moment-to-moment. As you become aware of both the higher dimensions of light and your ordinary reality simultaneously, you can consistently see and choose your path of most light in everything you do, making those choices in every moment that assist you in becoming a more perfect light. 8 guided meditations by Orin with music by Thaddeus. [SL104](#)

## [Orin's Becoming a Writer](#)

Visualize yourself as a writer and use advanced manifesting techniques to birth your book, project, or play in its highest form. Feel inspired to write, to bring through new ideas, to be creative, to release blockages, and to magnetize a publisher / producer. This is a wonderful album to assist you in any writing endeavor you are undertaking. [SI016](#)

## [Orin's Becoming a World Server](#)

You have a special purpose, a reason you are here, something you came to do that is your contribution to humanity. We will call this your world service. No matter what you are doing—if you are self-employed, in a job, or retired—you can start, deepen, and enhance your world service.

If you are self-employed, you can use these meditations to call to you clients, business, and a greater opportunity to serve. If you are a teacher or healer, you can call to you your students and increase the effectiveness of your work. If you have a feeling that you have something special you are here to do but do not yet know what it is, you can use these processes to help you discover your path and purpose.

This album by Orin contains the guided meditations that he gave Sanaya and Duane to get their work out to the world. Orin wants to share these processes with you so you can use them to empower your work and launch your higher path with greater success. 8 guided meditations by Orin. [M200](#)

### [Abundance Affirmations](#)

These are the affirmations from the Creating Money book. A powerful way to use affirmations is to listen to them either with your full attention, or as background while you are doing other things. We have included the powerful magnetizing technique from the Creating Money book which you can use to draw to yourself money and anything else. Contains two programs: Affirmations for Abundance, and General Magnetism, to draw to you what you want. [M001](#)

### [Opening to Receive](#)

Create an environment that is nurturing, loving, and supportive of who you are. Allow things to come easily to you, open your heart, and believe you deserve to have what you want. [L106](#)

### [For Self-Employed People: Attracting Business, Clients, Sales and Money](#)

Discover the higher purpose of your business and get an overview of where you are going. Link with your Higher Self and the higher forces of the universe to create a prosperous, successful business as you become magnetic to business, clients, sales, and money. [SI037](#)

### [My Perfect Career](#)

You will be guided to find a career that will give you joy, fulfillment, and a rewarding life-style. You will look at the essence of your perfect career, visualize and magnetize it, and allow it to come to you easily. [SI058](#)

### [Discovering Your Life Purpose](#)

**Why Am I Here? What Am I Here to Do?**

You may feel you have something special to do but not yet know what it is. You will look at your life from a higher perspective to discover more about your life purpose, your path, and the mission you came to accomplish. [L104](#) If you want to explore this in depth, we suggest Orin's course, Living Your Life Purpose ([OR914](#))

### **Manifesting Your Destiny**

You will learn many powerful processes to assist you in seeing why you are here and to discover more about your path and purpose. Release limiting beliefs, become magnetic to success, and expand without limits. [SI009](#)

### **Opening Creativity—Attracting Ideas**

Ideas can flow after you connect with the Universal Mind. The processes in this journey will assist you in any creative endeavor you are undertaking—writing, music, art, and business. [SI046](#)

### **Public Recognition**

This meditation is to assist you in getting your work out to the world in a larger way. Magnetize people to your work and open to greater success. Prepare at an energy level for more and more people to connect with you and your work as you link with them on the inner planes. This process really does work! [SI015](#)

### **Learning to Concentrate—Focusing Your Energies**

This meditation is to assist you in getting your work out to the world in a larger way. Magnetize people to your work and open to greater success. Prepare at an energy level for more and more people to connect with you and your work as you link with them on the inner planes. This process really does work! [SI045](#)

### **Unlimited Thinking by Orin**

Link with your Higher Self and soul to expand your vision of what you can have. As you expand your thoughts and imagine greater possibilities, your reality changes to reflect your new, expanded vision. [SI108](#)

### **Clearing Blockages**

If you have issues you can't solve or feel blocked, use this meditation to work with your Higher Self, to surrender, to ask for guidance, and to release fear-based emotions. Use symbols and the elements of earth, fire, air, and water to clear obstacles. [SI057](#)